

# Jersey Rugby Football Club Health, Safety and Risk Management Policy September 2024

- 1. JRFC has a duty to eliminate or minimise any actual or perceived risks to all its members, employees, volunteers and attendees (players adults and children, children attending Rugby Camps and spectators). The health, wellbeing, and safety of each individual; adults and children are always our paramount concern.
- 2. To support our Health, Safety & Risk Management Policy we are committed to the following duties:
  - Undertake regular, recorded risk assessments of the activities undertaken by the club.
  - Create a safe environment by ensuring health & safety measures are identified and actioned.
  - Ensure employees, volunteers and attendees are given the appropriate level of training by regularly assessing individuals' ability dependant on age, maturity, and development.
  - Ensure that all employees and volunteers are aware of understand and follow the club's health & safety policy.
  - Ensure that normal operating procedures and emergency operating procedures are in place and known to all members.
  - Provide adequate first aid facilities, emergency telephone access and qualified first aider at all times. Report and record any/all injuries or accidents sustained during any club activity or whilst on the club premises.
  - Ensure the policy is reviewed and updated regularly and monitored for effectiveness.
- 3. All employees and volunteers have a responsibility to:
  - Take reasonable care for your own health & safety and that of others who may be affected by what you do or not do.
  - Cooperate with the club on health & safety issues.
  - Correctly use all equipment provided by the club.
  - Not interfere with or misuse anything provided for your health, safety, and welfare.
  - Ensure that all areas used for playing/training etc are safe and free from dangers and hazards, i.e., potholes, sharp objects (stones glass), animal waste, uneven surfaces, puddles or standing water etc.

## 4. Medical Facilities

- First aid facilities and first aid boxes/packs as recommended by the RFU will be provided to all age squads. Access to these facilities and the playing area will be available at all times.
- RFU COMMUNITY RUGBY: PITCH-SIDE FIRST AID & IMMEDIATE CARE PROVISION STANDARDS &
   GUIDELINES TRAINING & MATCHES RFU Regulation 9 will be followed, ensuring the appropriate
   EFA ratios in place.
- Ensure that access for Ambulances is available at all times.
- Ensure that access to a telephone (land line and/or mobile) is available at all times.
- Ensure all injuries, accidents, incidents must be recorded appropriately

#### 5. Playing Equipment

- Ensure that all training/playing equipment is fit for purpose and does not constitute a danger to anyone using it, For example, scrum machines are maintained, tackle bags/contact pads & suits, post protectors are all in good condition and must be suited to a player's size and ability.
- Marker flag poles should flex on impact with no sharp edges, goal posts should be padded.
- All equipment must be checked prior to training sessions and matches.

#### 6. Playing Development

Ensure that the teaching/coaching or the playing development of players as well as the
refereeing of the game of Rugby Football is conducted under all RFU rules, regulations and
directives. Use careful consideration as to the age and ability of players when introducing or
developing any contact skill or situation.

## 7. Clubhouse and Storage Areas

- Ensure any dangerous or hazardous areas are identified and cordoned off and clearly signed and the area quickly rectified.
- Ensure food hygiene standards are maintained
- Ensure all emergency exits clearly identified and kept free, storage areas securely secured, fire extinguishers and fire safety procedures clearly visible.

## 8. Ground Equipment

All ground equipment (tractors, mowers etc) and ground supplies (seed, fertilizers etc) will be stored in a dedicated and secured area. Signs displaying 'HAZARD KEEP OFF' will also be displayed.

It is the responsibility of any employee, volunteer or club member, who becomes aware of any possible activity or areas of risk or danger inside buildings or outside within the curtilage of the club's land, to resolve the risk if possible, suspend the activity, training or match if it is not and in all cases bring the matter to the attention of the appropriate authority for urgent action.